



WHEN SHOULD YOU WASH YOUR HANDS?

SaH.oL

TRY THIS!

Sing The Hand Washing Song below to the tune of Frere Jacques. This song lasts about 20 seconds, the amount of time you should spend washing your hands.

Lather with soap Rub your palms together Now the backs Of your hands Interlace your fingers Cleaning in between them Now the thumbs

After playing



After doing your chores

After riding on the bus

After taking care of your pets

After using the toilet



Healthy Water, Healthy Habits, Healthy People at www.projectwet.org



Worldwide Water Education. Project WET's mission is to reach children, parents, educators and communities of the world with water education. www.projectwet.org

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After sneezing, wiping your nose, or being around someone who is sick

Before eating

Educate. Empower. Act.

Clean your nails

Teachers, parents, administrators and child care and health care providers: For more hand washing activities download Project WET's activity booklet